

Home

Grande Traversata delle Langhe in mountain bike

Utilization

Cycle touring

Official itinerary

Yes

Length

234.50 km

Stage

0

Max altitude

890 m

Ascent elevation gain

890 m

Descent elevation loss

180 m

Difficulty

Challenging

Informazioni

Region

Piemonte

Country

Italy

Address

Via Perletto, 29

12050 Castino CN

Italy

## Coordinates

POINT (8.18235 44.617656)

Altitude

540 m

Arrival address

Via della Porta

12050 San Benedetto Belbo CN

Italy

Arrival coordinates

POINT (8.057644 44.490494)

Arrival altitude

570 m

Access

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – [www.sea-aeroportoimilano.it](http://www.sea-aeroportoimilano.it)

Torino Caselle – [www.aeroportoitorino.it](http://www.aeroportoitorino.it)

Cuneo Levaldigi – [www.aeroporto.cuneo.it](http://www.aeroporto.cuneo.it)

By train:

Ferrovie dello Stato: [www.trenitalia.com](http://www.trenitalia.com)

## Descrizione

**The Grande Traversata delle Langhe (GTL)** is a tour that encompasses an entire territory, the Langhe. Forget about wine and vineyards, which have only a marginal presence in this tour. Here, you will find pristine nature, cheeses, hazelnuts, castles, and medieval villages where time seems to have stood still. Not far from Alba, you will find a whole other world in which to admire one-of-a-kind landscapes and enjoy all the activities that nature provides in this lovely corner of the world, from hiking to off-road cycling. Because just one itinerary would never be enough, the GTL provides several that take you to virtually every village, allowing you to choose from hilltop routes or specific itineraries from one village to another. All the routes make use of low-traffic streets, dirt roads, woodland trails and the distances are never excessive, although there are a few longer sections that are recommended mainly for experienced cyclists in good physical condition. There are technical sections in places, but these can always be overcome on foot, carrying or pushing your bike, or by making use of paved routes or public transit between villages.

Public transport access

Yes

[Http://Www.grandabus.it/Orari/](http://Www.grandabus.it/Orari/)

## Recommended period

Spring

Summer

Fall

March - November

## Accessible to people with disabilities

No

Devotional relevance

Sì

Historical relevance

Yes

Dettagli

Local Tourist Agency (LTA) reference

[ATL Langhe Monferrato Roero](#)

Code

GTN

Classification

Provincial

Province

Cuneo

[GTL\\_Guida\\_ITA.pdf](#)

Ultima data di aggiornamento

15/12/2023

Itinerary index

Yes

Province names

Cuneo