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'La Via dei Campioni' Cycle Route : STAGE 1A Carezzano - Rifugio Montaldo di Cosola

Utilization

Cycle touring

Official itinerary

No

Length

63.10 km

Tempo

6 hours 19 minutes

Stage

1

Max altitude

1659 m

Ascent elevation gain

1455 m

Descent elevation loss

735 m

Difficulty

Easy

Informazioni

Region

Piemonte

Country

Italy

Address

Carezzano

15051 Carezzano AL

Italy

Coordinates

POINT (8.88588 44.81038)

Altitude

210 m

Arrival address

Rifugio Montaldo di Cosola
15060 Cabella Ligure AL
Italy

Arrival coordinates
POINT (9.17852 44.66963)
Arrival altitude
930 m
Access

To reach Carezzano with your own vehicles, starting from Tortona, take the SP 35 and then take the SP 134 until you reach the town of Carezzano Superiore.

To reach the town of Montaldo di Cosola by your own means, starting from Tortona, take the A26 motorway, take the junction for the A7 and exit at the Vignole Borbera tollbooth. From here continue along the SP 140.

Descrizione

The 1A alternate stage arriving at Rifugio di Montaldo di Cosola departs from the village of Carezzano, not far from the start point of the main stage at Costa Vescovato. The distance is slightly less, at 63 km, and the route runs roughly parallel to the main itinerary, passing near the medieval castle of Borgo Adorno and arriving at the Montaldo di Cosola Rifugio. Take the Carezzano village road through the locality of Cornigliasca. Here you will enter a gravel road that crosses provincial highway SP 130 and leads to the locality of Ripale (part of the municipality of Carezzano). The route follows the gravel road to the village of Sant'Agata Fossili and then follows highway SP 141 towards Bavantore. After a brief paved stretch passing through this village, the route returns to gravel up to the locality of Bavantorino. From here continue on SP 141 to the village of Malvino (municipality of Sardigliano) and then on gravel to Vargo (passing through the locality of Cuquello). After going through the centre of Vargo, continue on the gravel road as far as Poggio Maggiore; from here continue on highway SP 135 to the locality of Molo di Borbera. From Molo di Borbera the route continues on gravel roads to the village of Costa Merlassino. The route passes through the localities of Zebedassi and Borgo Adorno. From Borgo Adorno the path climbs from 476 to 1473 metres over a distance of about 9 km, arriving at Monte del Giarolo (1473 m). The climb, reaching 25% slope in places, is mainly on well-packed gravel. From Monte del Giarolo proceed south for 4 km, again on a gravel road, climbing to Monte Cosfrone (1659 m). From here the route descends on gravel roads and enters the locality of Piuzzo (956 m), before finally climbing to Montaldo di Cosola.

Public transport access
Yes

To reach Carezzano by public transport, you need to take the ARFEA bus service (<https://Www.arfea.it/Orari.html>). To reach Montaldo di Cosola by public transport, take the Val Borbera Autolinee (<http://Www.autolineevalborbera.it/>) service to Cabella Ligure and then the Dova Inferiore line.

Once there you can walk for about two kilometers.

Accessible to people with disabilities

No

Support points

The Cuquello locality of Sardigliano offers cycle-tour rest services;
At Costa Merlassino there is a fountain;
Rifugio Montaldo di Cosola in Cabella Ligure hosts hikers and cycle-tourists.

Devotional relevance

No

Historical relevance

No

Dettagli

Local Tourist Agency (LTA) reference

[ATL della provincia di Alessandria "Alexala"](#)

Code

VDC

Classification

Provincial

Province

Alessandria

Cell phone coverage

TIM, Vodafone, 3WIND

Ultima data di aggiornamento
15/12/2023

Altre info

Accommodation facilities

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A

Itinerary index
No

Province names
Alessandria