Home
AVU Stage 5C: Gias Valera Sottano - Lago degli Alberghi
Utilization
Hiking
Official itinerary
No

Lenght
4.60 km

Tempo
3 hours

Stage
5

Max altitude
2190 m

Ascent elevation gain
620 m

Descent elevation loss
175 m

Difficulty
Difficult Hiking

Informazioni

Region
Piemonte

Country
Italy

Address

Gias Valera Sottano
12010 Entracque CN
Italy

Coordinates

POINT (7.47589 44.1716)
Altitude
1583 m
Arrival address

Lago degli Alberghi
12019 Vernante CN
Italy

Arrival coordinates
POINT (7.5069 44.16342)
Arrival altitude
2035 m

Descrizione

On reaching Gias Valera Sottano 1517 m, the mule track that follows leads to a fork at an altitude of 1583 m, where the branch-off for Colle del Sabbione M5 (Stage Completion 5C) branches off to the right, the point where this stage begins. Keep to the orographic left and climb up along the Sabbione gorge M24 to an altitude of 1,707 m, with a constant uphill course passing several small side valleys. The route now leaves the valley to climb the slope directly at a constant gradient, which on the left leads to a knoll at an altitude of 2058 m, along the ridge that shortly afterwards leads to the Mena pass at 2201 m, the pass that connects with the Alberghi valley and then Palanfrè.

Public transport access
No

Recommended period

Summer
Giugno, luglio, agosto, settembre

Accessible to people with disabilities

No

Devotional relevance
No

Historical relevance
No

Dettagli

Local Tourist Agency (LTA) reference
ATL del Cuneese - valli alpine e città d'arte

Code
AVU

Classification
Provincial - Mid and Low Altitude

Province

Cuneo

Ultima data di aggiornamento
15/12/2023

Tappe
Variant
C

Itinerary index
No

Province names
Cuneo