

Home

AVU Stage 5A: Palanfrè - Vernante

Utilization

Hiking

Official itinerary

No

Length

11.90 km

Tempo

3 hours

Stage

5

Max altitude

1540 m

Ascent elevation gain

100 m

Descent elevation loss

700 m

Difficulty

Hiking

Informazioni

Region

Piemonte

Country

Italy

Address

Palanfrè

12019 Vernante CN

Italy

## Coordinates

POINT (7.49748 44.19291)

Altitude

1394 m

Arrival address

Vernante  
12019 Vernante CN  
Italy

Arrival coordinates  
POINT (7.53169 44.24125)  
Arrival altitude  
790 m

## Descrizione

From Palanfrè in a northerly direction, cross the Franco valley and Cornale valley, reaching "I Doni" (1,480 m). Continue descending passing 'Bric Martinet' (1,200 m) until reaching the village of Vernante (790 m). This section, in addition to connecting the village of Vernante with the itinerary, allows a connection from the Alta Via dei Lupi itinerary with Via Castanea and the Vermenagna Ring.

Public transport access  
No

## Recommended period

Summer  
Luglio, agosto, settembre

## Accessible to people with disabilities

No

Devotional relevance  
No

Historical relevance  
No

Dettagli

Code  
AVU

Classification  
Provincial - Mid and Low Altitude

Province  
Cuneo

Ultima data di aggiornamento  
15/12/2023

Altre info  
Accommodation facilities

[L'arbergh](#)  
[Nazionale](#)  
[Park hotel](#)

Tappe  
Variant  
A

Itinerary index  
No

Province names  
Cuneo