

Home  
Bar To Bar (BTB)  
Utilization  
Hiking  
Official itinerary  
No

Lenght  
137.23 km

Tempo  
1 day 10 hours 30 minutes

Stage  
0

Ascent elevation gain  
4184 m

Descent elevation loss  
4183 m

Difficulty  
Hiking

## Informazioni

Region  
Piemonte

Country  
Italy

## Address

Alba  
Piazza Monsignor Grassi  
12051 Alba CN  
Italy

## Coordinates

POINT (8.039961 44.700694)

Altitude  
170 m

## Arrival address

Alba  
Corso Fratelli Bandiera  
12051 Alba CN

Italy

Arrival coordinates

POINT (8.030111 44.699)

Arrival altitude

169 m

Access

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – [www.sea-aeroportoimilano.it](http://www.sea-aeroportoimilano.it)

Torino Caselle – [www.aeroportoitorino.it](http://www.aeroportoitorino.it)

Cuneo Levaldigi – [www.aeroporto.cuneo.it](http://www.aeroporto.cuneo.it)

By train:

Ferrovie dello Stato: [www.trenitalia.com](http://www.trenitalia.com)

## Descrizione

The **Bar to Bar itinerary**, a 7-stage circuit from Barbaresco to Barolo and back again (you can choose the direction), crosses a significant chunk of the Langhe Roero territory along low-traffic roads and trails, through woods and an array of uniquely beautiful landscapes. You will visit medieval villages and see a great many of the area's vineyards as you learn a bit about local history and nature, and you can choose between shorter routes or longer ones, both designed for hiking and off-road cycling.

The shorter circuit leaves from Barbaresco and passes through Alba before following the Tanaro upriver into the Barolo region from Roddi – Verduno - La Morra and finally to Barolo.

The longer circuit goes from Barbaresco through Neive and Treiso and on to the upper Langhe. After descending into the Belbo Valley, you will then climb back up to the Bossola Pass and head back along the main ridge through the Langhe towards the Tanaro Valley. From Bossolasco - Serravalle and Roddino, the circuit goes through Serralunga and on to Monforte, Novello and Barolo. A variation from Serralunga to Castiglione Falletto - Monforte is also available.

Public transport access

Yes

[Http://Www.grandabus.it/Tpl\\_orari.asp](http://Www.grandabus.it/Tpl_orari.asp)

## Recommended period

Spring

Summer

Fall

March - November

## Accessible to people with disabilities

No

Devotional relevance

No

Historical relevance

Yes

Dettagli

Local Tourist Agency (LTA) reference

[ATL Langhe Monferrato Roero](#)

Code

BTB

Classification

Provincial - Mid and Low Altitude

Province

Cuneo

Ultima data di aggiornamento

22/10/2024

Itinerary index

Yes

Province names

