Home
Tre Vallate: Stage 3 Refuge Salvin - Hamlet Vrù
Utilization
Hiking
Official itinerary
No

Lenght
16.00 km

Tempo
5 hours 30 minutes

Stage
3

Ascent elevation gain
500 m

Difficulty
Hiking

Informazioni

Region
Piemonte

Country
Italy

Address

Rifugio Savin
Località Salvin
10070 Monastero di Lanzo TO
Italy

Coordinates

POINT (7.432485 45.348846)
Altitude
1578 m
Arrival address

Frazione Vrù
10070 Cantoira TO
Italy

Arrival coordinates
POINT (7.396002 45.344288)
Arrival altitude

1039 m

Descrizione

Starting from Refuge Salvin take the path n. 408 down to the characteristic Sanctuary of Marsaglia (1300 m). Halfway along the path n. 406 called “of the Marian apparitions” you will reach the upper Alpe Mecca, by keeping the walk at the same altitude, you will reach Punta Penna (1330 m), from there continue till crossing the rural road leading to the nearby pastures. You go up to Colle San Giacomo (1460 m), near the Refuge San Giacomo, managed by Cai Lanzo, and continue, on the side of Val Grande di Lanzo, along path n. 332 up to the Colle della Forchetta (1589 m). From the pass, continue on the dirt road that reach Locality Zanai, where on the left, path n. 330 goes downhill, passing near the former mine of the Cugni and the Ecomuseum “Mine Brunetta”. Then, along the Brissout valley you will find the village of Riverin (1106 m) where you will take the cart road that leads directly to Vrù (1039 m) where the day-stage ends and you can find hospitality in private tourist structures, or descend to the main village Cantoira where different services for tourists are offered.

Public transport access
No

Recommended period

Spring
Summer
Fall
From May to October (June if there is snow at 2000 m).

Accessible to people with disabilities

Yes

Itinerary suitable for disabled people.

Support points

Rifugio Salvin (1578 m) Frazione Mecca, 10070 Monastero di Lanzo +39 0123 27205 - +39 335 5481419 rifugiosalvin@gmail.com www.rifugiosalvin.it. Apertura: da Aprile a Ottobre. Posti letto: 32.
Baita San Giacomo San Giacomo la Moia, 10070 Ceres +39 335 5694257. Apertura: da Giugno a Settembre. Posti letto: 20. Gestione: CAI Lanzo.
Trattoria Alpina Frazione Vru, 10070 Cantoira +39 0123 585709.

Interest points

Il Santuario di Marsaglia, l'Ecomuseo Antica Miniera di Talco Brunetta (Cantoira), il Presepe meccanico della Frazione Vrù aperto tutto l'anno.

Devotional relevance
No

Historical relevance
Yes

Dettagli

Code
TVT

Classification
Provincial - Mid and Low Altitude

Province
Torino

Ultima data di aggiornamento
15/12/2023

Altre info
Accommodation facilities
Salvin
Baita San Giacomo
Al cavallino
Cantoira
La roccia

Itinerary index
No

Province names
Torino