Home
Tre Vallate (TVT)
Utilization
Hiking
Official itinerary
No

Lenght
81.10 km

Tempo
1 day 5 hours 30 minutes

Stage
0

Ascent elevation gain
5655 m

Difficulty
Hiking

Informazioni

Region
Piemonte

Country
Italy

Address

Borgata Pesci Vivi
10070 Corio TO
Italy

Coordinates

POINT (7.525718 45.323074)
Altitude
620 m
Arrival address

Frazione Forno Alpi Graie
10070 Groscavallo TO
Italy

Arrival coordinates
POINT (7.222182 45.36357)
Arrival altitude
1210 m

Access

Access east: From Corio, Piazza Caduti per la Libertà, walk down the street towards Piano Audi and take the path n. 412 near Molino dell'Avvocato.
Medium access: From the Common de Cantoira reach the Hamlet Vrù where path n. 330 starts to continue the route to the East, or take path n. 330A to the west. From Monastero di Lanzo or Pessinetto reach Colle S. Giacomo where path n. 332 starts to continue the route to the east, or take path n. 406 to the west.
Access west: From Groscavallo, follow the road to Forno Alpi Graie where trail n. 318 starts. From Groscavallo you can start the itinerary from the Hamlet of Pialpetta along the path n. 321 which coincides with the GTA.

Descrizione

The 3 VALLATE (3V) excursion itinerary is so named because it starts from the Valle Malone, crosses the Valle Tesso and ends after having walked longitudinally through the entire Val Grande di Lanzo. It consists in a varied treking that descends on the pre-Alpine and Alpine ridges, touches some villages, and develops mainly at a medium height. It comes across wooded areas and alpine pastures, until reaching, in some stretches, very panoramic and suggestive high mountain altitudes among passes and lakes on whose water are reflected the peaks that separate Valli di Lanzo from Valli dell'Orco and Locana. Thanks to the complex and varied nature of this route, the stage places offer very different opportunities. They consist of both small tourist and agritourist structures typical of the villages on the territory, and of private refuges at the height of the mountain pastures, or, for a most intense and adventurous experience, of bivouacs always open and available to hikers who have to pass one night at high altitude. The trekking develops both on marked paths or footpaths and partly on rural roads leading to mountain pastures, and on forest roadways. No particular equipment is required to travel on all these roads, especially during the best period from May/June to October, but the length and height difference of some stages require a good training. Although the stages are thought in a development from East to West, that is the sense of the altitude progression, the choice of the trip direction is absolutely free. It is important, anyway, to take into account that the tendency of the paths is steeper in the East - West direction, while, in the opposite one, the walk is less abrupt and implies less efforts and minor fatigue. The journey coincides partially with the route of the Alta Via Canavesana. For this reason, connections to the slope on Valle di Locana, in the Corio territory, are possible; as well as turning North, from the territory of Groscavallo, towards the Parco del Gran Paradiso. The walk joins finally at the western end with the GTA routes and with the Alta Via delle Valli di Lanzo, and then, for those who want to extend their walk southwests, up to the Tour della Bessanese and France.

Public transport access
No

Recommended period

Spring
Summer
Fall
From May to October (June if there is snow at 2000 m).

Accessible to people with disabilities

Yes

Itinerary suitable for disabled people.

Interest points

Ar.Co Arte Corio, Area Molino Avvocato, Sentiero della Canapa, Il Trail del Monte Soglio, Sentiero Madonna della Grata, Anello Mulin del Turcin, Mulini storici, Punti panoramici Punta Serena e Passo Croce, Sentiero delle Apparizioni Mariane, Chiesa Parrocchiale di S. Anastasia (La Gezia), Chiesa di S. Giovanni Evangelista, Lago di Monastero, Santuario di Santa Cristina, Ecomuseo Antica Miniera di Talco Brunetta, Sentiero del Minatore, Miniera di talco della Brunetta, Madonna del Carmine del Ciavanis, Anello delle Cappelle Alpine Missirola – Urtirè, Piramidi d'erosione di Vonzo "Castei d'le Rive", Villa Pastrone, Santuario di Nostra Signora di Loreto, Sentiero dell'oro di Pera Cagna, Sentiero Pian dei Morti, Sentiero del Gran Lago di Unghiasse, Vallone di Sea.

Devotional relevance
: No

Historical relevance
: Yes

Dettagli

Code
: TVT

Classification
: Provincial - Mid and Low Altitude

Province
: Torino

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Ultima data di aggiornamento
15/12/2023

Altre info
Accommodation facilities
Bastia'
Locanda dal brascin
Alloggi vacanza italia
Italia
Mulin turcin
Salvin
Al cavallino
Cantoira
La roccia
Albero fiorito
Casa alpina forno alpi graie
Fassero-soardi
Fermata alpi graie
Paolo daviso
Pialpetta
Savoia
Setugrino

Itinerary index
Yes

Province names
Torino