

Bar To Bar on a mountain bike

Tappa 2A: Cascina Basso - San Rocco Seno d'Elvio

Utilization Cycle touring

Official itinerary No

Lenght 3.00 km

Tempo 6 minutes

Stage 2

Max altitude 345 m

Ascent elevation gain 20 m

Descent elevation loss 163 m

Difficulty Challenging

INFORMAZIONI

Region

Piemonte

Country

Italy

Address

Cascina Alberta
Via Alba, 5
12050 Treiso CN
Italy

Coordinates POINT

(8.080511 44.682203)

Altitude 345 m

Arrival address

San Rocco Seno d'Elvio
Frazione San Rocco Seno d'Elvio
12051 Alba CN
Italy

Arrival coordinates POINT

(8.066786 44.6817)

Arrival altitude 200 m

Access

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – www.sea-aeroportimilano.it

Torino Caselle – www.aeroportoditorino.it

Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:

Ferrovie dello Stato: www.trenitalia.com

Descrizione

This variant of the leg 2 of the Bar To Bar itinerary will lead you to the heart of the Langa of Barbaresco-wine, through a route full of history.

From Cascina Alberta, there's a nice variation that can be done by following the road that heads downhill, then turning left. This will take you into the cool valley of the Seno d'Elvio river (the name of which is a reference to the Roman emperor Publius Helvius Pertinax Augustus, who reigned for just 90 days, but left an indelible mark).

San Rocco Seno d'Elvio is the only area of Alba that is authorized to produce Barbaresco wines, but this is also the location of one of the Langhe's historic wine cellars, Bricco del Drago, where the "Grand Master" De Giacomi launched a series of early, but admirable initiatives on which no small part of the fortunes of these hills are based. One example is the miraculous "Nonna Genia's Classic Langhe Cookbook", the bible of local cuisine that has been translated, from the Italian, into many other languages. Bricco del Drago also includes a private wine museum, which features the oldest wine bottle with a "Barbaresco" label (1870).

Public transport access Yes

[Http://Www.grandabus.it/Orari/](http://www.grandabus.it/Orari/)

Recommended period

Spring Summer Fall

March - November

Accessible to people with disabilities No

Devotional relevance No

Historical relevance No

DETTAGLI

Local Tourist Agency (LTA) reference [ATL del Cuneese - valli alpine e città d'arte](#)

Code BTM

Classification Provincial

Province

Cuneo

[BarToBar_Tappa_2_0.pdf](#)

Ultima data di aggiornamento 15/12/2023

TAPPE

Variant A

Itinerary index No

Province names Cuneo