Home
Bar To Bar on a mountain bike
Utilization
Cycle touring
Official itinerary
No

Lenght
139.50 km

Stage
0

Max altitude
790 m

Difficulty
Challenging

Informazioni

Region
Piemonte

Country
Italy

Address

Alba
Ente Turismo Langhe Monferrato Roero
Piazza Risorgimento, 2
12051 Alba CN
Italy

Coordinates

POINT (8.03996 44.70068)
Altitude
167 m
Arrival address

Alba
Corso Fratelli Bandiera
12051 Alba CN
Italy

Arrival coordinates
POINT (8.03014 44.69901)
Arrival altitude
167 m

Access

By car, motorways:
A6 – Torino Savona, Marene or Carmagnola exit
A21 – Torino Piacenza, Asti Est exit
A33 – Asti Cuneo, Alba exit

By plane:
Milano Malpensa and Linate – www.sea-aeroportimilano.it
Torino Caselle – www.aeroportoditorino.it
Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:
Ferrovie dello Stato: www.trenitalia.com

Descrizione

The Bar to Bar itinerary, a 7-stage circuit from Barbaresco to Barolo and back again (you can choose the direction), crosses a significant chunk of the Langhe Roero territory along low-traffic roads and trails, through woods and an array of uniquely beautiful landscapes. You will visit medieval villages and see a great many of the area's vineyards as you learn a bit about local history and nature, and you can choose between shorter routes or longer ones, both designed for hiking and off-road cycling.
The longer circuit features long climbs and steep descents and is recommended for expert cyclists, but there is always the ability to avoid the most difficult sections either by getting off and pushing or carrying your bike, by taking a shorter, paved detour between two points, or by making use of public transport.
The shorter circuit leaves from Barbaresco and passes through Alba before following the Tanaro upriver into the Barolo region from Roddi – Verduno - La Morra and finally to Barolo.
The longer circuit goes from Barbaresco through Neive and Treiso and on to the upper Langhe. After descending into the Belbo Valley, you will then climb back up to the Bossola pass and head back along the main ridge through the Langhe towards the Tanaro Valley. From Bossolasco - Serravalle and Roddino, the circuit goes through Serralunga and on to Monforte, Novello and Barolo. A variation from Serralunga to Castiglione Falletto - Monforte is also available.
Along the route, there are marked stations for charging e-bikes and for minor repairs that may be necessary along the way. These are normally located in town centres or in the immediate area, or near RV or other roadside parking areas.

Public transport access
Yes

Http://Www.grandabus.it/Orari/

Recommended period

Spring
Summer
Fall
March - November

Accessible to people with disabilities

No

Devotional relevance
No

Historical relevance
No

Dettagli

Local Tourist Agency (LTA) reference
ATL Langhe Monferrato Roero

Code
BTM

Classification
Provincial

Province
Cuneo

Approach time
13 hours 20 minutes

BartoBar_ITA_Guida.pdf

Ultima data di aggiornamento
15/12/2023

Itinerary index
Yes

Province names
Cuneo