

# The Sentiero Balcone della Valsusa Trail: Stage 10 Testa dell'Assietta - Meana di Susa

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 30022.70 km

**Tempo** 9 hours

**Stage** 10

**Max altitude** 2770 m

**Ascent elevation gain** 300 m

**Descent elevation loss** 2110 m

**Difficulty** Difficult Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Testa dell'Assietta  
10050 Exilles TO  
Italy

## **Coordinates** POINT

(6.93921 45.0609)

**Altitude** 2510 m

## **Arrival address**

Meana di Susa  
10050 Meana di Susa TO  
Italy

## **Arrival coordinates** POINT

(7.0653 45.1201)

**Arrival altitude** 700 m

## **Access**

In auto: l'Assietta si raggiunge da Meana passando per il Colle delle Finestre, su tracciato sterrato in mediocri condizioni

## **Descrizione**

The itinerary largely follows the Assietta military road, covering long stretches of the watershed between Valle Susa and Val Chisone, with modest gradients. From the Testa dell'Assietta descend to the pass of the same name before heading up Punta Gran Serin and then back down to the Gran Serin Barracks. After passing the junction with the road that descends to Alpe Arguel, follow the Colle delle Vallette on an easy path, up to the military road just below the summit of Monte Ciantiplagna (closed to traffic). Continue along this across Colle della Vecchia until you reach the road from

Colle delle Finestre. Descend this into Val Chisone, then head up the short stretch of paved road to reach Colle delle Finestre (altitude 2176 m asl). From here a beautiful mule track leads to the village of Meana di Susa where, at the ancient Forno di Assiere baker's, there is an information point. From Meana it is possible to descend to Susa or return to Oulx along the Sentiero dei Franchi trail in the direction of Frais - Salbertrand.

**Public transport access** Yes

In treno: Servizio Ferroviario Metropolitano Linea 3 fermata Meana

## **Recommended period**

Summer

Giugno - settembre

**Accessible to people with disabilities** No

## **Interest points**

Testa dell'Assietta: 19 luglio commemorazione storica battaglia

**Devotional relevance** No

**Historical relevance** Yes

## **DETTAGLI**

**Code** SBV

**Classification** Provinciale - Medio e Basso Altitudine

**Province**

Torino

## Cell phone coverage

Buona

**Ultima data di aggiornamento** 21/12/2023

## ALTRE INFO

Accommodation facilities

[Casa assietta](#)

**Itinerary index** No

**Province names** Torino