

# The Sentiero Balcone della Valsusa Trail: Stage 7 Cesana Torinese - Sauze di Cesana

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 30.60 km

**Tempo** 9 hours

**Stage 7**

**Max altitude** 2350 m

**Ascent elevation gain** 1330 m

**Descent elevation loss** 1110 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Cesana Torinese  
10054 Cesana Torinese TO  
Italy

**Coordinates** POINT (6.7912  
44.95321)

**Altitude** 1340 m

### **Arrival address**

Sauze di Cesana  
10054 Sauze di Cesana TO  
Italy

**Arrival coordinates** POINT  
(6.86181 44.93898)

**Arrival altitude** 1560 m

### **Access**

In auto: SS25 fino a Cesana poi direzione Sauze di Cesana, A32 Ucita Oulx Est, poi SS24 direzione Cesana

## **Descrizione**

From Cesana Torinese climb to the top station of the Rafujel - Sagnalonga (Massarello) chairlift, and then descend again towards the SS24 Monginevro road, skirting the Piccola Dora stream and reaching the hairpin bend named the Gran Volta. From here follow the path that runs through the Gorge of San Gervasio and reaches Claviere, then head up Val Gimont keeping to the middle of the slope up to Costa Luna. Once over the ridge the descent begins towards Capanna Mautino and Lago Nero, before reascending to Col Begino. From here, descend through the villages of

Chabaud, Rhuilles and Thures, then make a long traverse of the slopes of Cima Bosco brings to reach the village of Sauze di Cesana.

**Public transport access** Yes

In treno: Servizio Ferroviario Metropolitano Linea 3 fermata Oulx poi navetta per Cesana Torinese - Sestriere

## **Recommended period**

Summer

Giugno - settembre

**Accessible to people with disabilities** No

## **Support points**

Capanna Mautino

Posto tappa Fontana di Thures

**Devotional relevance** No

**Historical relevance** No

## **DETTAGLI**

**Code** SBV

**Classification** Provinciale - Mid and Low Altitude

**Province**

Torino

**Cell phone coverage**

Buona

**Ultima data di aggiornamento** 15/12/2023

## **ALTRE INFO**

Accommodation facilities

[Chaberton](#)

[Chalet casa cesana](#)

[Edelweiss](#)

[La ginestra](#)

[Cima del bosco](#)

[Capanna mautino](#)

[La fontana del thures](#)

**Itinerary index** No

**Province names** Torino