

# 'La Via dei Campioni' Cycle Route : STAGE 1A Carezzano - Rifugio Montaldo di Cosola

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**Utilization** Cycle touring

**Official itinerary** No

**Lenght** 63.10 km

**Tempo** 6 hours 19 minutes

**Stage 1**

**Max altitude** 1659 m

**Ascent elevation gain** 1455 m

**Descent elevation loss** 735 m

**Difficulty** Easy

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Carezzano  
15051 Carezzano AL  
Italy

## **Coordinates** POINT

(8.88588 44.81038)

**Altitude** 210 m

## **Arrival address**

Rifugio Montaldo di Cosola  
15060 Cabella Ligure AL  
Italy

## **Arrival coordinates** POINT

(9.17852 44.66963)

**Arrival altitude** 930 m

## **Access**

To reach Carezzano with your own vehicles, starting from Tortona, take the SP 35 and then take the SP 134 until you reach the town of Carezzano Superiore.

To reach the town of Montaldo di Cosola by your own means, starting from Tortona, take the A26 motorway, take the junction for the A7 and exit at the Vignole Borbera tollbooth. From here continue along the SP 140.

## **Descrizione**

The 1A alternate stage arriving at Rifugio di Montaldo di Cosola departs from the village of Carezzano, not far from the start point of the main stage at Costa Vescovato. The distance is slightly less, at 63 km, and the route runs roughly parallel to the main itinerary, passing near the medieval castle

of Borgo Adorno and arriving at the Montaldo di Cosola Rifugio. Take the Carezzano village road through the locality of Cornigliasca. Here you will enter a gravel road that crosses provincial highway SP 130 and leads to the locality of Ripale (part of the municipality of Carezzano). The route follows the gravel road to the village of Sant'Agata Fossili and then follows highway SP 141 towards Bavantore. After a brief paved stretch passing through this village, the route returns to gravel up to the locality of Bavantorino. From here continue on SP 141 to the village of Malvino (municipality of Sardigliano) and then on gravel to Vargo (passing through the locality of Cuquello). After going through the centre of Vargo, continue on the gravel road as far as Poggio Maggiore; from here continue on highway SP 135 to the locality of Molo di Borbera. From Molo di Borbera the route continues on gravel roads to the village of Costa Merlassino. The route passes through the localities of Zebedassi and Borgo Adorno. From Borgo Adorno the path climbs from 476 to 1473 metres over a distance of about 9 km, arriving at Monte del Giarolo (1473 m). The climb, reaching 25% slope in places, is mainly on well-packed gravel. From Monte del Giarolo proceed south for 4 km, again on a gravel road, climbing to Monte Cosfrone (1659 m). From here the route descends on gravel roads and enters the locality of Piuzzo (956 m), before finally climbing to Montaldo di Cosola.

### **Public transport access** Yes

To reach Carezzano by public transport, you need to take the ARFEA bus service (<https://Www.arfea.it/Orari.html>). To reach Montaldo di Cosola by

public transport, take the Val Borbera Autolinee (<http://Www.autolineevalborbera.it/>) service to Cabella Ligure and then the Dova Inferiore line. Once there you can walk for about two kilometers.

## **Accessible to people with disabilities** No

### **Support points**

The Cuquello locality of Sardigliano offers cycle-tour rest services;  
At Costa Merlassino there is a fountain;  
Rifugio Montaldo di Cosola in Cabella Ligure hosts hikers and cycle-tourists.

**Devotional relevance** No

**Historical relevance** No

## **DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL della provincia di Alessandria "Alexala"](#)

**Code** VDC

**Classification** Provincial

**Province**

Alessandria

**Cell phone coverage**

TIM, Vodafone, 3WIND

**Ultima data di aggiornamento**

15/12/2023

## **ALTRE INFO**

Accommodation facilities

[Agriturismo la morella](#)

[Cascina giovanola](#)

[I tre colibri'](#)

[La casetta](#)

[La traversina](#)

[Il castello](#)

[Locanda del barco](#)

[Il fiorile](#)

[Il mulino](#)

[Casa castellini](#)

[E-maieu](#)

[La casa dei mimirs](#)

[Ponte del tonno](#)

Azienda agrituristica ravera giorgio di verna matteo

Cascina ca' bella

Da marco ed elisa

Piani di san lorenzo

Stevano

La nuova valle

Bruno

Bracco

Colonia montana

Da rico

La baita

La gardenina

La genzianella

Lino

Monte boglelio

Val curone

Alpino

Alta valle

Cacciatori

Capanne di cosola

Maggiociondolo

Ponte

Posta

## **TAPPE**

**Variant A**

**Itinerary index**      No

**Province names** Alessandria