

# MTB del Toce - Stage 1: Montecrestese - Premia

---

**Utilization** Cycle touring

**Official itinerary** Yes

**Length** 17.70 km

**Stage** 1

**Max altitude** 780 m

**Ascent elevation gain** 600 m

**Descent elevation loss** 125 m

**Difficulty** Easy

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Svincolo superstrada

Montecrestese

28864 Montecrestese VB

Italy

## **Coordinates** POINT

(8.31053 46.1511)

**Altitude** 305 m

## **Arrival address**

Premia

28866 Premia

Italy

## **Arrival coordinates** POINT

(8.34253 46.26936)

**Arrival altitude** 768 m

## **Access**

Highway 33, exit Crevoladossola and Montecrestese.

## **Descrizione**

Following the arrows in Via del Gries (trail code G00a) you take the nature trail of Lake Tana along the riverbank until you are under the elevated highway, turn slightly right and then turn left into the flat tarmac road to Roledo. Before climbing to the houses of Roledo an unmade road branches off to the left, passes under the viaduct of the highway to the bridge over the River Toce and then leads to the village of Canova di Oira. Following the signs for Arzaloo – Pontemaglio you pass again under the highway (a short steep downhill stretch) and take the path along the River Toce to the imposing distinctive stone bridge of Pontemaglio. After passing through the town you descend toward the road bridge and turn right just before it into an

unmade path which, with a few ups and downs, runs parallel to the river. A little further on the path becomes increasingly narrow until a point where it becomes very wide and runs alongside the river to Gianzana. From here you continue on a tarmac road keeping to the left bank (looking downstream) to Alpiano Viceno. Following the signs for Via del Gries you cross the town, then go downhill and cross an iron bridge over the River Toce. Immediately after the bridge you follow the path on the riverbank that skirts the park of the Spa Centre of Crodo and the visitor Centre of the Veglia Devero Park. At the end of the park, following the signs for Via del Gries (signposted G00), it is better to take the state highway for a short stretch and then turn left toward the centre of Crodo. Alternatively you can continue along path of the riverbank which then enters a small wood, crosses the River Alfenza (ford) and continues through grasslands to the junction with the tarmac road immediately before the road bridge over the River Toce on the road to Maglioggio. From the centre of Crodo instead you continue, passing in front of the agricultural school, and then descend to take the road for Maglioggio which you follow as far as the turn off for Maglioggio. Turn left and continue on the flat following the pleasant road on the flatland that passes through beautiful meadows and arrives at the old ENEL power station of Verampio where you cross the bridge over the River Toce come to the Trattoria della Campagna. From Verampio, follow the signs for Orridi di Uriezzo (Uriezzo Gorges), take the unmade road that first fords the River Devero and then gradually climbs. First you come to Ponte di Maiesso (Maiesso Bridge) with the beautiful giants' potholes dug out of the white rock and then continue along the track (do not cross over the bridge) until you reach the mouth of the Orrido Sud (South Gorge), a deep gorge in rock equipped with metal ladders for visitors. After the visit to the ravine the route continues along the track up to the Oratorio di Santa Lucia (Oratory of Saint Lucy) where the road once again becomes asphalted. Follow the road up to Balmafredda with an impressive gorge excavated in the rock and equipped as a site for rock climbing. At the turn off for Crego continue

toward Premia until the road meets the state highway for Formazza.

**Public transport access** Yes

All the villages of the Antigorio Formazza Valley are served by the Domodossola-Cascata del Toce bus line.

Autoservizi Comazzi

Tel. 0324 240333

[www.comazzibus.com](http://www.comazzibus.com)

**Recommended period**

All Year round

All year

**Accessible to people with disabilities** No

**Support points**

Possibility of refreshment in Roledo, Oira, Crodo, Verampio

**Interest points**

Nature area of Lake Tana, Stone architecture in Oira and Pontemaglio, Visitor Centre of the Veglia Devero Park at Crodo, Maiesso potholes, Uriezzo Ravines

**Devotional relevance** No

**Historical relevance** No

**DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL Distretto Turistico dei Laghi](#)

**Code** TOC

**Classification** Provincial

**Province**

Verbania

**Cell phone coverage**

Ok

**Ultima data di aggiornamento** 31/01/2025

**Itinerary index** No

**Province names** Verbania