

# The Anello delle Valli Valdesi (AVV) Trail Stage 3: Colle Vaccera - Alpe Caougis

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**Utilization** Hiking

**Official itinerary** No

**Length** 15.30 km

**Tempo** 7 hours

**Stage** 3

**Max altitude** 2234 m

**Ascent elevation gain** 1420 m

**Descent elevation loss** 652 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Colle Vaccera  
10060 Angrogna TO  
Italy

## **Coordinates** POINT

(7.20314 44.87574)

**Altitude** 1465 m

## **Arrival address**

Alpe Caougis  
10060 Villar Pellice TO  
Italy

## **Arrival coordinates** POINT

(7.13665 44.83685)

**Arrival altitude** 2014 m

## **Access**

E' possibile raggiungere il Colle Vaccera con mezzi propri.

## **Descrizione**

A charming, distinctive and rewarding stage, which takes in the panoramic path known as the *Balcone della Val d'Angrogna*. From Colle della Vaccera, descend for about 200 m on the paved road to take a dirt road on the right, waymarked trail 150A, with signs for "Anello Balcone della Val d'Angrogna", which leads to the locality of Bagnau (1456m) and continues towards Criuliro (1600m). Just beyond the farmhouses, leave the dirt road to take an easy mule track, Trail 137, which leads to the abandoned farm dwellings at Alpe Souiran (1699m). Continue westwards flat crossing poor pastures, and skirt round several small valleys that cleave the steep southeast slope of

Monte Gran Truc. After a long and beautiful high traverse, climb a steep slope dotted with alder bushes with narrow zigzags, finally reaching Alpe Infernet (1990m). From here, a short side trip up a little strenuous path leads to the Colle dell'Infernet (2270m) and then on to the summit of Monte Gran Truc (2366m). The itinerary continues from Alpe Infernet with a high traverse across the hillside on the slopes of Monte Freidur to reach the locality of Giornalet (2230 m), the highest and most panoramic point of the entire Sentiero Balcone trail. The trail continues, with a few gentle ups and downs, and crosses some gullies, passing close to the alpine cabins of Alpe Sparvira (2034m). Near here, there is a spring. After a short descent, you come to Alpe della Sella Vecchia (2004m) and a junction with path 139 which ascends from Pradeltorno. From here, it is possible to climb to the Sella Vecchia lake and to the Passo del Roux (2832m). The itinerary however follows the signs for 139, which descends towards Alpe Sella (1975m) but before arriving at the mountain pasture; continue to the right where path 139A leads off towards Colle Chiot del Cavallo (2234m). From here descend towards the "Vallone degli Invincibili" along path 129 up to Alpe Caugis, where there is a municipal shelter.

**Public transport access** No

## **Recommended period**

Summer

Periodo estivo

**Accessible to people with disabilities** No

## **Support points**

Rifugio Jumarre, Rifugio vaccera, Agriturismo Monte Servin, Bivacco Caugis

# Interest points

Ca d'la Pais, Colle Vaccera, loc. Bagnoou, Monte Gran Truc, Colle dell'Infernet, località Giournalet

**Devotional relevance**      No

**Historical relevance**      Yes

## DETTAGLI

**Code**      AVV

**Classification**      Provincial - Mid and Low Altitude

**Province**

Torino

**Orientation**      Southeast

**Cell phone coverage**

Vodafone : 80% di copertura

tim : 80% di copertura

**Ultima data di aggiornamento** 22/10/2024

## **ALTRE INFO**

Accommodation facilities

[Monte servin](#)

[Degli invincibili](#)

[Al sap](#)

**Itinerary index** No

**Province names** Torino