

# **AVU Stage 7A: San Giacomo di Entracque - Rifugio Ellena-Soria**

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 21.20 km

**Tempo** 7 hours

**Stage** 7

**Max altitude** 2800 m

**Ascent elevation gain** 760 m

**Descent elevation loss** 1380 m

**Difficulty** Hiking

## **INFORMAZIONI**

**Region**

Piemonte

**Country**

Italy

**Address**

San Giacomo di Entracque  
12010 Entracque CN  
Italy

## **Coordinates** POINT

(7.38699 44.17647)

**Altitude** 1226 m

## **Arrival address**

Rifugio Ellena-Soria  
Pian del Praiet  
12010 Entracque CN  
Italy

## **Arrival coordinates** POINT

(7.36236 44.1416)

**Arrival altitude** 1840 m

## **Descrizione**

As a variant, you can reach Rif. Soria via Rif. Pagari. From S. Giacomo you reach the junction for Rif. Moncalieri. A section of mule track with a good gradient takes you over the Muraion Pass at 2,050 m. A little further on, the track runs flatter and reaches the abandoned Gias Muraion soprano, 2,090 m. Towards an altitude of 2,200 m, leave the turnoff for Lago Bianco dell'Agnel on the left and continue with a series of twists and turns to the refuge.

From here, we set off again towards the Rif. Ellena Soria on a demanding track that crosses the M. Gelas glacier, passing the Lago Bianco del Gelas (2,549m) and the Passo dei Ghiacciai where the Moncalieri bivouac is located (2,750m). We then pass the Pera del Fener Pass (2,698m) and

descend to the Soria-Ellena refuge (1,840m).

**Public transport access** No

## **Recommended period**

Summer

Luglio, agosto, settembre

**Accessible to people with disabilities** No

**Devotional relevance** No

**Historical relevance** No

## **DETTAGLI**

**Code** AVU

**Classification** Provincial - Mid and Low Altitude

**Province**

Cuneo

**Ultima data di aggiornamento**

15/12/2023

## **ALTRE INFO**

Accommodation facilities

[Soria - ellena](#)

[Federici marchesini \(pagari'\)](#)

## **TAPPE**

**Variant A**

**Itinerary index**      No

**Province names** Cuneo