

# AVU Stage 5: Palanfrè - Trinità

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 11.40 km

**Tempo** 5 hours

**Stage** 5

**Max altitude** 2200 m

**Ascent elevation gain** 780 m

**Descent elevation loss** 1080 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Palanfrè

12019 Vernante CN

Italy

## **Coordinates** POINT

(7.49748 44.19291)

**Altitude** 1394 m

### **Arrival address**

Trinità

Fraz. Trinità, 1/3

12010 Entracque CN

Italy

### **Arrival coordinates** POINT

(7.43067 44.2141)

**Arrival altitude** 1093 m

## **Descrizione**

From Palanfrè, take carriage road L22 that leads to Gias della Gabella. From here, climb up the path along the Gabella valley to the Garbella pass at an altitude of 2,128 m, where you continue along the ridge to the vicinity of M. Gabella, from where the descent begins along the Costa Pianard to the vallone Grande near Gias Peraloco at an altitude of 1,650 m, where you meet the carriage road that leads to Trinità.

**Public transport access** No

## **Recommended period**

Summer

Luglio, agosto, settembre

**Accessible to people with disabilities** No

**Devotional relevance** No

**Historical relevance** No

# DETTAGLI

**Code** AVU

**Classification** Provincial - Mid and Low Altitude

**Province**

Cuneo

**Ultima data di aggiornamento** 15/12/2023

## ALTRE INFO

Accommodation facilities

[L'arbergh](#)

[Locanda del sorriso](#)

**Itinerary index** No

**Province names** Cuneo