

AVU - Alta Via dei Lupi

Utilization Hiking

Official itinerary No

Lenght 206.00 km

Tempo 2 days 8 hours 30 minutes

Stage 0

Max altitude 2890 m

Ascent elevation gain 11600 m

Descent elevation loss 11300 m

Difficulty Difficult Hiking

INFORMAZIONI

Region

Piemonte

Country

Italy France

Address

Pian delle Gorre

Località Certosa

12013 Chiusa Di Pesio CN

Italy

Coordinates POINT

(7.65959 44.21372)

Altitude 1032 m

Arrival address

Terme di Valdieri

Regione Terme, 1 bis

12010 Valdieri CN

Italy

Arrival coordinates POINT

(7.2727 44.20772)

Arrival altitude 1352 m

Descrizione

The Alta via dei lupi (High Route of the Wolves) itinerary (AVU) winds its way in 10 stages (and 10 variants) through the higher altitudes of the Maritime Alps Protected Area, from Pian delle Gorre di Chiusa Pesio (in the Marguareis) to Terme di Valdieri, taking in the municipalities of Chiusa Pesio, Roccaforte Mondovì, Ormea, Briga Alta, Limone Piemonte, Vernante, Entracque and Valdieri.

The high-altitude route, suggestive for its incredible landscape and natural elements, connects various important refuges in the Maritime Alps such as Rifugio Mondovì, Don Barbera, Ellena-Soria, Pagari, Genova, Morelli and Remondino.

The route, also thanks to its variants, then offers the possibility of descending and reaching Alpine villages of interest such as San Giacomo di Entracque, Palanfrè, Vernante, Limone Piemonte and Limonetto.

Public transport access No

Recommended period

Summer

Luglio, agosto, settembre

Accessible to people with disabilities No

Devotional relevance No

Historical relevance No

DETTAGLI

Code AVU

Classification Provinciale - Medio e Basso Altitudine

Province

Cuneo

Ultima data di aggiornamento 15/12/2023

Itinerary index Yes

Province names Cuneo