Home
Giroparco Gran Paradiso stage 4: Frazione San Lorenzo - Frazione Talosio
Utilization
Hiking
Official itinerary
No

Lenght
13.80 km

Tempo
7 hours 15 minutes

Stage
4

Max altitude
2175 m

Ascent elevation gain
1476 m

Descent elevation loss
1291 m

Difficulty
Hiking

Informazioni

Region
Piemonte

Country
Italy

Address

Frazione San Lorenzo
10080 Locana TO
Italy

Coordinates

POINT (7.411227 45.446504)
Altitude
1040 m
Arrival address

Frazione Talosio
10080 Ribordone TO
Italy

Arrival coordinates
POINT (7.494159 45.44491)
Arrival altitude
1225 m
Access

Talosio. Nel tratto di fondovalle, da Noasca a Fei, dal sentiero è agevolmente raggiungibile la viabilità provinciale presente sulla sponda opposta, dove passa la linea degli autobus.

Descrizione

Having crossed San Lorenzo along the “main road” towards the mountain side, we join the mule track that climbs up to Alpe Praghetta. Here the path follows a steep southern-facing slope, skimming a beech grove. At a height of 1800 metres we enter onto the Alpine prairies. On the Alpe Praghetta we cross and follow the Alta Via Canavesana which on Pathway 560 arrives from the Refuge Pontese passing by Lake Valsoera. Continuing right, we follow the track leading to Passo della Colla, just the other side of which we find the Park Guards’ Hut. From here we descend through rhododendrons all the way to the IREN track after which we continue on flat path until we find the dam of Lake Eugio. Descending to the bottom of the wall of the dam we climb back up the opposite slope until we reach the summit of Mount Arzola, where we can enjoy a breath-taking view all the way from Gran Paradiso to Monviso. From here onwards the pathway is not very clearly marked and passes through pasture towards Redentore, near the Bivouac Blessent. Before reaching Redentore we can see a signpost marking the diversion to the left with which we then descend once more to reach Alpe Arzola and its pasture land. Around 1600 m above sea level, the track leads us into the birch grove with rocks that form a sort of line of towers between which the pathway winds. In this stretch of the pathway we find rock engravings, traces of a very old human settlement that also can be found in the Ribordone Valley, just like in other valleys of Canavese. We can see two groups of incisions in the shape of concentric circles (which can be traced back to solar symbolism or some kind of feminine symbolism) and which are considered to be unique. Having reached Posio, paying attention to the road signs, we can now descend to Talosio following the old mule track that descends crossing the asphalted road where we can find the GTA stage post.

Public transport access
No

Recommended period

Summer
Giugno, luglio, agosto, settembre

Accessible to people with disabilities

No

Interest points

Vi sono incisioni rupestri, tracce di un’antropizzazione molto antica che ha interessato la Valle di Ribordone, al pari delle altre valli canavesane. Sono osservabili due gruppi di incisioni, a forma di cerchi concentrici (riconducibili a simbolismo solare o ad un simbolismo femminile), ritenute di tipologia unica.

Devotional relevance
No

Historical relevance
No

Dettagli

Code
GPR

Classification
Provincial - High altitude

Province
Torino

Ultima data di aggiornamento
06/11/2024

Altre info
Accommodation facilities
Il bucaneve

Margherita
Blessent

Itinerary index
No

Province names
Torino