

The Giro dell'Orsiera G.O. Trail

Stage 2: Rifugio Balma - Rifugio Sellaries

Fruizione Hiking

Percorso registrato No

Lenght 9.16 km

Tempo 4 hours 25 minutes

Tappa 2

Quota massima 2635 m

Dislivello salita 756 m

Dislivello discesa 707 m

Difficoltà Difficult Hiking

INFORMAZIONI

Regione

Piemonte

Nazione

Italy

Indirizzo

Rifugio Balma
località Alpe della Balma
10050 Coazze TO
Italy

Coordinate POINT (7.190356
45.040946)

Quota 1986 m

Indirizzo di arrivo

Rifugio Selleries
Località Alpe Selleries
10060 Roure TO
Italy

Coordinate arrivo POINT
(7.120101 45.047616)

Quota di arrivo 2035 m

Accesso

Rifugio Balma can be reached from the hamlet of Molè in the municipality of Coazze along path 415. Alternatively, from the village of Forno di Coazze it is possible to continue by car towards Pian Neiretto and reach Cara 'd Taiè (1179 m.). Take path 415 D which leads into a birch and beech forest. Once near to the Balma stream, cross and reach the moraine on the left bank, joining path 415 coming from Molè.

Descrizione

From Rifugio Balma, follow path **415** , which climbs towards Monte Robinet and climbs up to the **Fontana del Lupo** , or Fontana del Diavolo (2360 m),

the last guaranteed opportunity to replenish drinking water.

The path continues up a gentle slope, under the steep walls of the summit of Robinet, up to a series of narrow hairpin bends that lead to **Colletto del Robinet** (2635 m).

From Colletto del Robinet, the itinerary continues along **path 341** which descends Val Chisone, until the wide glacial terrace (seasonal spring water nearby) and tackles the rocky step below (Graded "For Expert Hikers Only", section equipped with chains).

In the middle of the gully, after a small pool fed by the runoff from a faint stream, the path forks: leave trail 341 on the left, which descends to Prato del Colle, and continue on **route 366**, which still descends into the gully and then turns right to follow the flat valley floor of **Vallone di Rouen**.

After a climb and a long, high traverse, the path descends rapidly along the crest of **Costa di Glantin**.

Leaving the crest, cross the Vallone delle Vallette and head past the two forks for the hamlet of Seleiraut and Colle di Prà Reale (2529 m). Then proceed northwards, still on **path 366**, which affords splendid views of the valley floor of Val Chisone, the ridge of Val Germanasca and Monviso in the distance. The trail then climbs slightly to **Lago Laus** (2274 m), where there is a small building, which serves as a park warden's hut and a bivouac hut open all year. From here, descend along **path 339A**, which then merges into **path 339**, and reach Rifugio Sellaries, surrounded by alpine meadows that are also home to a number of *bergerie* (alpine dairies) where the renowned Plaisentif cheese is produced.

Accesso con mezzi pubblici No

Giugno, luglio, agosto, settembre

Accessible to people with disabilities No

Punti di appoggio

Bivacco fisso al Lago Laus (2274 m)

Punti di interesse

Dal Colletto del Robinet, in direzione sud, parte il sentiero che porta, in pochi minuti, alla vetta del monte Robinet, dove si trovano la cappella e un bivacco; in direzione nord, parte il sentiero che rimonta il pendio detritico e, in 30 minuti, conduce alla punta orientale del monte Rocciavrè.

Interesse devozionale No

Interesse storico No

DETTAGLI

Codice GDO

Provincia

Torino

Copertura cellulare

Presente ma con punti non serviti

[GO-20Italiano-20v2018_1.pdf](#)

Ultima data di aggiornamento 15/12/2023

ALTRE INFO

Strutture ricettive

[Balma](#)

[Posto tappa selleries](#)

Indice itinerario No

Nomi province Torino