

# Bar To Bar (BTB)

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 137.23 km

**Tempo** 1 day 10 hours 30 minutes

**Stage** 0

**Ascent elevation gain** 4184 m

**Descent elevation loss** 4183 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Alba

Piazza Monsignor Grassi

12051 Alba CN

Italy

## **Coordinates** POINT

(8.039961 44.700694)

**Altitude** 170 m

### **Arrival address**

Alba

Corso Fratelli Bandiera

12051 Alba CN

Italy

### **Arrival coordinates** POINT

(8.030111 44.699)

**Arrival altitude** 169 m

### **Access**

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – [www.sea-aeroportoimilano.it](http://www.sea-aeroportoimilano.it)

Torino Caselle – [www.aeroportoditorino.it](http://www.aeroportoditorino.it)

Cuneo Levaldigi – [www.aeroporto.cuneo.it](http://www.aeroporto.cuneo.it)

By train:

Ferrovie dello Stato: [www.trenitalia.com](http://www.trenitalia.com)

## **Descrizione**

The **Bar to Bar itinerary**, a 7-stage circuit from Barbaresco to Barolo and back again (you can choose the direction), crosses a significant chunk of the

Langhe Roero territory along low-traffic roads and trails, through woods and an array of uniquely beautiful landscapes. You will visit medieval villages and see a great many of the area's vineyards as you learn a bit about local history and nature, and you can choose between shorter routes or longer ones, both designed for hiking and off-road cycling.

The shorter circuit leaves from Barbaresco and passes through Alba before following the Tanaro upriver into the Barolo region from Roddi – Verduno - La Morra and finally to Barolo.

The longer circuit goes from Barbaresco through Neive and Treiso and on to the upper Langhe. After descending into the Belbo Valley, you will then climb back up to the Bossola Pass and head back along the main ridge through the Langhe towards the Tanaro Valley. From Bossolasco - Serravalle and Roddino, the circuit goes through Serralunga and on to Monforte, Novello and Barolo. A variation from Serralunga to Castiglione Falletto - Monforte is also available.

**Public transport access** Yes

[Http://Www.grandabus.it/Tpl\\_orari.asp](http://www.grandabus.it/Tpl_orari.asp)

## **Recommended period**

Spring Summer Fall

March - November

**Accessible to people with disabilities** No

**Devotional relevance** No

**Historical relevance** Yes

## **DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL Langhe Monferrato Roero](#)

**Code** BTB

**Classification** Provincial - Mid and Low Altitude

**Province**

Cuneo

**Ultima data di aggiornamento** 22/10/2024

**Itinerary index** Yes

**Province names** Cuneo