

# Tre Vallate (TVT)

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 81.10 km

**Tempo** 1 day 5 hours 30 minutes

**Stage** 0

**Ascent elevation gain** 5655 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Borgata Pesci Vivi

10070 Corio TO

Italy

**Coordinates** POINT

(7.525718 45.323074)

**Altitude** 620 m

### **Arrival address**

Frazione Forno Alpi Graie

10070 Groscavallo TO

Italy

### **Arrival coordinates POINT**

(7.222182 45.36357)

**Arrival altitude** 1210 m

### **Access**

Access east: From Corio, Piazza Caduti per la Libertà, walk down the street towards Piano Audi and take the path n. 412 near Molino dell'Avvocato.

Medium access: From the Common de Cantoira reach the Hamlet Vrù where path n. 330 starts to continue the route to the East, or take path n. 330A to the west. From Monastero di Lanzo or Pessinetto reach Colle S. Giacomo where path n. 332 starts to continue the route to the east, or take path n. 406 to the west.

Access west: From Groscavallo, follow the road to Forno Alpi Graie where trail n. 318 starts. From Groscavallo you can start the itinerary from the Hamlet of Pialpetta along the path n. 321 which coincides with the GTA.

## **Descrizione**

The 3 VALLATE (3V) excursion itinerary is so named because it starts from the Valle Malone, crosses the Valle Tesso and ends after having walked longitudinally through the entire Val Grande di Lanzo. It consists in a varied trekking that descends on the pre-Alpine and Alpine ridges, touches some villages, and develops mainly at a medium height. It comes across wooded areas and alpine pastures, until reaching, in some stretches, very panoramic

and suggestive high mountain altitudes among passes and lakes on whose water are reflected the peaks that separate Valli di Lanzo from Valli dell'Orco and Locana. Thanks to the complex and varied nature of this route, the stage places offer very different opportunities. They consist of both small tourist and agritourist structures typical of the villages on the territory, and of private refuges at the height of the mountain pastures, or, for a most intense and adventurous experience, of bivouacs always open and available to hikers who have to pass one night at high altitude. The trekking develops both on marked paths or footpaths and partly on rural roads leading to mountain pastures, and on forest roadways. No particular equipment is required to travel on all these roads, especially during the best period from May/June to October, but the length and height difference of some stages require a good training. Although the stages are thought in a development from East to West, that is the sense of the altitude progression, the choice of the trip direction is absolutely free. It is important, anyway, to take into account that the tendency of the paths is steeper in the East - West direction, while, in the opposite one, the walk is less abrupt and implies less efforts and minor fatigue. The journey coincides partially with the route of the Alta Via Canavesana. For this reason, connections to the slope on Valle di Locana, in the Corio territory, are possible; as well as turning North, from the territory of Groscavallo, towards the Parco del Gran Paradiso. The walk joins finally at the western end with the GTA routes and with the Alta Via delle Valli di Lanzo, and then, for those who want to extend their walk southwards, up to the Tour della Bessanese and France.

**Public transport access** No

## **Recommended period**

Spring Summer Fall

From May to October (June if there is snow at 2000 m).

**Accessible to people with disabilities** Yes

Itinerary suitable for disabled people.

## Interest points

Ar.Co Arte Corio, Area Molino Avvocato, Sentiero della Canapa, Il Trail del Monte Soglio, Sentiero Madonna della Grata, Anello Mulin del Turcin, Mulini storici, Punti panoramici Punta Serena e Passo Croce, Sentiero delle Apparizioni Mariane, Chiesa Parrocchiale di S. Anastasia (La Gezia), Chiesa di S. Giovanni Evangelista, Lago di Monastero, Santuario di Santa Cristina, Ecomuseo Antica Miniera di Talco Brunetta, Sentiero del Minatore, Miniera di talco della Brunetta, Madonna del Carmine del Ciavanis, Anello delle Cappelle Alpine Missirola – Urtirè, Piramidi d’erosione di Vonzo “Castei d’le Rive”, Villa Pastrone, Santuario di Nostra Signora di Loreto, Sentiero dell’oro di Pera Cagna, Sentiero Pian dei Morti, Sentiero del Gran Lago di Unghiasse, Vallone di Sea.

**Devotional relevance**      No

**Historical relevance**      Yes

## DETTAGLI

**Code**      TVT

**Classification**      Provincial - Mid and Low Altitude

**Province**

Torino

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**Ultima data di aggiornamento**

15/12/2023

## **ALTRE INFO**

Accommodation facilities

[Bastia'](#)

[Del gallo](#)

[Alloggi vacanza italia](#)

[Italia](#)

[Mulin turcin](#)

[Salvin](#)

[Al cavallino](#)

[Cantoira](#)

[La roccia](#)

[Albero fiorito](#)

[Casa alpina forno alpi graie](#)

[Fassero-soardi](#)

[Fermata alpi graie](#)

[Paolo daviso](#)

[Pialpetta](#)

[Savoia](#)

[Setugrino](#)

**Itinerary index**      Yes

**Province names** Torino