

# Tour della Bessanese: Stage 1

## Refuge Gastaldi - Refuge Cibario

**Utilization** Hiking

**Official itinerary** No

**Length** 7.50 km

**Tempo** 4 hours

**Stage** 1

**Ascent elevation gain** 550 m

**Descent elevation loss** 600 m

**Difficulty** Difficult Hiking

## **INFORMAZIONI**

**Region**

Piemonte

**Country**

Italy

**Address**

Rifugio Gastaldi

10070 Balme TO

Italy

## **Coordinates** POINT

(7.143369 45.297694)

**Altitude** 2659 m

### **Arrival address**

Rifugio Cibrario

10070 Usseglio TO

Italy

### **Arrival coordinates** POINT

(7.147029 45.246796)

**Arrival altitude** 2616 m

## **Descrizione**

You follow the path that from the Gastaldi Refuge descends towards the exit of the Crot del Ciaussine basin, in the direction of a waterfall. This is formed by the river that flows from the basin below the Cresta del Fort. Once crossed the stream, the path climbs along the grassy and detrital slope between the waterfall and the walls of mount Rocca Affinau. After a short ascent, you will reach the crossroad to Colle d'Arnas. The itinerary suggests ignoring this indication, and following instead the traces on the left that go around Rocca Affinau, keeping in the valley on the left. With some steep turns, the path arrives to a valley where you will find some fusion lakes. Once reached the steep debris slopes that close the basin, a short and well-indicated track goes up in diagonal towards the left. This leads directly to Collarin Arnas (2850 m). The trail descends on steep rocks to Lake Rossa and its dam. Just before the dam, on the left, you will follow the path to the Bivouac San Camillo. After having crossed the dam, you follow the dirt road that surrounds the lake, and then turn left. You pass through the stream and

resume the path on the hydrographic left as you proceed towards the bottom of the basin. You climb a ramp that starts at the height of a waterfall. With an easy route, you reach Colle Altare (2962 m). From the pass, you follow the trail that leads to a wide channel, in which, always remaining on the right side, and alternating ups and downs with steep slopes, you descend to a plateau dotted with pools of water and bounded by Lake Peraciaval. A well-marked path crosses the plain and leads you over the cliff that dominates the Piano del Sabiunin. From here, by means of few steep hairpin bends, you reach Rifuge Cibrario.

**Public transport access** No

## **Recommended period**

Summer

End of June - First days of September.

**Accessible to people with disabilities** Yes

Itinerary suitable for disabled people.

## **Support points**

Rifugio Gastaldi (2659 m) Località Ciausinet, 10070 Balme +39 0123

565008 - +39 348 3691127 [info@rifugiogastaldi.com](mailto:info@rifugiogastaldi.com)

[www.rifugiogastaldi.com](http://www.rifugiogastaldi.com). Apertura: da Aprile a Settembre. Posti letto: 99.

Bivacco San Camillo (2735 m) Località Lago della Rossa, 10070 Usseglio

Apertura: sempre aperto. Posti letto: 20.

Rifugio Cibrario (2616 m) 10070 Usseglio +39 011 9988830

[rifugiocibrario@caileini.it](mailto:rifugiocibrario@caileini.it) [www.caileini.it/rifugiocibrario/](http://www.caileini.it/rifugiocibrario/). Apertura: da Giugno a Settembre. Posti letto: 42.

**Devotional relevance** No

**Historical relevance** Yes

## DETTAGLI

**Code** TDB

**Classification** Provincial - High altitude

**Province**

Torino

**Ultima data di aggiornamento** 15/12/2023

## ALTRE INFO

Accommodation facilities

[Gastaldi](#)

[Bivacco san camillo](#)

[Cibrario](#)

**Itinerary index** No

**Province names** Torino