

Alta Via delle Valli di Lanzo: Stage 5 Rifugio Cibrario - Rifugio Tazzetti

Utilization Hiking

Official itinerary No

Lenght 8.00 km

Tempo 5 hours 30 minutes

Stage 5

Ascent elevation gain 957 m

Difficulty Hiking

INFORMAZIONI

Region

Piemonte Valle d'Aosta

Country

Italy

Address

Rifugio Cibrario

Località Peraciaval

10070 Usseglio TO

Italy

Coordinates POINT

(7.146526 45.246563)

Altitude 2616 m

Arrival address

Rifugio Tazzetti

Località Fons d'Rumour

10070 Usseglio TO

Italy

Arrival coordinates POINT

(7.0969 45.210127)

Arrival altitude 2642 m

Descrizione

From the Refuge Cibrario, which is crossed by several streams of water that bathe Pian dei Sabbiunin (path n. 122), you rise on the steep slope of debris and boulders that starts in front of the building. When you arrive at the height of the second of the two ditches that open on the right, you proceed in this direction, overtaking it. When you reach a wide rocky crest, bend on the left of the glacier of Bertà. You go through it for a while, and then descend passing on the flat surface of the glacier, and continue in the little valley between Testa Sula and mount Lera-Sulè. You reach the base of the slope, slightly steeper, which precedes the plateaus of the col Sulè (3063 m). You go down on the opposite slope through a snowy and detrital valley. At the end of which the path turns left on a plateau through a good mule-track that runs down. Further, downstream, trail n. 122 turns towards the Colle dell'Autaret. You turn left, downhill, on the n. 111A, which then

becomes flat; and along the steep slope of Punta Sulè. Path n. 111A towards south-west, passes under a rocky wall, crossed by several waterfalls, called Pis, and then goes diagonally towards south, passing several streams (Rio Costan, Rio Avril, the Rio del Fort and the Rio Cavalla Nera). The path climbs over a crest and shortly reaches the Refuge Tazzetti at Fons Rumour (2642 m).

Public transport access No

Recommended period

Summer

June - beginning of September.

Accessible to people with disabilities Yes

Itinerary suitable for disabled people.

Support points

Rifugio Cibrario (2616 m) 10070 Usseglio +39 011 9988830

rifugiocibrario@caileini.it www.caileini.it/rifugiocibrario/ Apertura: da Giugno a Settembre. Posti letto: 42

Rifugio Tazzetti 10070 Usseglio +39 0123 756165 - +39 338 7578910

info@caichieri.it www.rifugiotazzetti.it

Interest points

Caratteristiche paesaggistiche: salendo al col Sulè a nord/ovest la Punta Valletta 3387 m e dal colle a est i contrafforti del Monte Lera 3355 m; a nord/ovest Punta Avril 3215 m ed il colle dell'Autaret 3071 m. A sud il

Rocciamelone 3538 m.

Devotional relevance No

Historical relevance Yes

DETTAGLI

Code AVL

Classification Provincial - High altitude

Province

Torino

Ultima data di aggiornamento 15/12/2023

ALTRE INFO

Accommodation facilities

[Cibrario](#)

[Tazzetti](#)

Itinerary index No

Province names Torino